

FY16 Community Benefit Report Nantucket Cottage Hospital

Organization Information

Organization Address and Contact Information		
Organization Name:	Nantucket Cottage Hospital	
Address (1):	57 Prospect Street	
Address (2):	Not Specified	
City, State, Zip:	Nantucket, Massachusetts 02554	
Web Site:	www.nantuckethospital.org	
Contact Name:	Dr. Margot Hartmann MD PhD	
Contact Title:	President and CEO	
Contact Department:	Office of the President	
Telephone Num:	(508) 825-8200	
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E-Mail Address:	mhartmann1@partners.org	
Organization Type and Additional Attributes		
Organization Type:	Hospital	
For-Profit Status:	Not-For-Profit	
Health System:	Partners HealthCare	
Community Health		
Community Health		
Network Area (CHNA):	Cape and Islands Community Health Network (CHNA 27)	
Regional Center for	_	
Healthy Communities (RCHC):	5	
Regions Served:	County-Nantucket	

CB Mission

Community Benefits Mission Statement

Reflecting a strong tradition of caring and sense of community, the Mission of Nantucket Cottage Hospital (NCH) is to be the island's primary source of a full range of health and wellness services. NCH assumes the leadership role within the community by collaborating with other local organizations, to ensure availability of an integrated array of healthcare services and to respond to needs of the increasingly diverse and expanding Nantucket community.





Led by a proficient and dedicated cadre of physicians, management, staff, and volunteers, the NCH team provides services in a confident, compassionate, respectful and responsive manner; is fiscally responsible; and is prepared to respond to every healthcare need either directly, from within the community, or indirectly, through an extensive network of off-island healthcare partners.

NCH will promote wellness for people of all ages through prevention, education and readily accessible healthcare services in an effort to improve the general health, vitality and quality of life for all Nantucket residents and visitors.

Target Populations

Name of Target Population	Basis for Selection
The most vulnerable who live on and visit this remote	Qualitative and quantitative
year-round community and summer resort island	needs assessments

Publication of Target Populations

Marketing Collateral, Website, Other-E-Newsletters

Hospital/HMO Web Page Publicizing Target Pop.

http://nantuckethospital.org/2015-nantucket-community-health-needs-assessment/

Key Accomplishments of Reporting Year

The following programs highlight NCH's continued commitment to our community's health and well-being:

Annual Health Fair

Nantucket Cottage Hospital's Annual Health Fair is a comprehensive and distinctive community event that brings hundreds of people together for a morning dedicated to health and wellness. Designed to involve all segments of the community, the Health Fair endeavors to educate participants about wellness and the prevention of illness and disease. It provides health care access to those who are underinsured or uninsured, and to those who are interested in early detection and prevention of illness and disease. A variety of screenings and consultations are provided at no or low cost, including dermatology, blood pressure, mammography, dental and vision, as well as flu shots. In October 2016, this collaborative community effort involved dozens of volunteers, community leaders and organizations, health care professionals, doctors, nurses, and hospital staff. Other participants included visitors from Massachusetts General Hospital, the Providence Veterans Administration Hospital, and other medical specialty practices. Local businesses and organizations that played a key role in answering questions and providing information included: Palliative & Supportive Care of Nantucket (PASCON); Swim Across America; ACK Eye; Elder Services; Nantucket Acupuncture; Briarpatch Pediatrics; National Alliance on Mental Illness; Alliance for Substance Abuse Prevention; the





Nantucket Behavioral Health Task Force; Island Chiropractic; the Nantucket Police Department; the Nantucket Fire Department; Dr. Paul Roberts, DDS; Visiting Nurses of Cape Cod; Minihan Nutrition; Nantucket Health Club; A Safe Place; and the Nantucket Yacht Club, which hosted the event. In FY16, 225 Nantucket residents attended the Health Fair.

Behavioral Health Task Force

Three years ago, Nantucket Cottage Hospital's chief nursing officer spearheaded the Behavioral Health Task Force, a group of mental health providers and other island organizations working to document the mental health services that are already in place on Nantucket, identify the services that are needed, determine how best to increase access to and awareness of what's available to island residents, and find the appropriate mental health treatment model for a seasonal population on a remote island. In FY16, Nantucket Cottage Hospital continued to host the meetings of the Task Force, and worked collaboratively to utilize a \$400,000 grant the Task Force obtained from the Tower Foundation to increase mental health services on Nantucket. This included the recruitment and hiring of a psychiatric nurse practitioner who is now embedded in the island's primary care practices, as well as numerous community education and outreach programs related to addiction and treatment.

Health and Wellness Screenings

As the organizer of Nantucket's annual Health Fair and the Be Well Children's Health Fair, as well as a participant in the island's Elder Expo, hospital nursing and administrative staff directly offered or facilitated blood pressure readings, as well as dermatology, mammography, vision and hearing screenings free of charge, in addition to running evaluations, low-cost flu shots, and provided. In FY16, over 200 people attended the Health Fair in which 37 dermatology screenings were completed, along with 62 low-cost flu shots. Nantucket Cottage Hospital also offers free annual mammography screenings for uninsured women aged 40 and up who are current residents of Nantucket.

Use of Hospital Conference Rooms for Community Meetings

Numerous local non-profit groups, social service agencies and support groups related to health care were given access to meeting rooms on the hospital campus at no charge. Those included: Hepatitis C Support Group; Alcoholics Anonymous; Narcotics Anonymous; Diabetes Support Group; weight loss support; pre-natal and new mother classes; Palliative and Supportive Care of Nantucket (PASCON); the Behavioral Health Task Force; National Alliance on Mental Illness (NAMI); Family and Children's Services of Nantucket; the Hospital Thrift Shop; Swim Across America Nantucket; the Council on Disability; the Nantucket Safe Harbor for Animals, among others.





Nurses' Training Program and Community Outreach

Through courses at Massachusetts General Hospital and on our hospital campus, 59 Nantucket Cottage Hospital nurses continued their professional education in general and specialty nursing skills. The hospital also participated in a "School-to-Career" program with Nantucket High School, offering five students interested in careers in medical fields the opportunity to "shadow" professionals in various NCH departments including nursing, imaging, laboratory and sports medicine. In addition, Nantucket Cottage Hospital per diem nurse Jessica Douglas began teaching a new Nursing & Allied Health class at Nantucket High School this year, introducing island students to the health care fields, which included numerous field trips to NCH and hospital staff members giving lectures to students. The hospital also hosted one college student from UMass Boston for their clinical hours in its Sports Medicine and Physical Therapy department. Continuing medical education (CME) and in-service courses were also offered to NCH physicians and nurses.

Public Education and Health Care Awareness

In FY16, through the Nantucket Cottage Hospital Foundation office and its communications staff, the hospital released public service announcements, social media posts, and placed paid advertising weekly with local media to increase awareness of cardiac care, women's health, cancer, and other health issues. The Foundation office and other hospital staff conducted tours of the hospital's facilities to familiarize adults and students from local public and private schools with hospital activities and to ease their potential discomfort with possible visits as a patient. The hospital's annual "Native Reunion" honored those born at Nantucket Cottage Hospital in the previous five years with a morning of games, food and entertainment to help familiarize young children and their families with the hospital setting.

Public Flu Clinic

In October 2016, Nantucket Cottage Hospital hosted a public flu clinic for island residents in conjunction with its annual Health Fair. The clinic was promoted and advertised throughout Nantucket, and was intended for patients 18 and older who had not yet received the influenza vaccine from their primary care physician or pharmacist.

Health Insurance Education and Enrollment

The Nantucket Cottage Hospital Social Services Department assisted island residents with understanding their options and enrolling for health insurance under the Affordable Care Act and the Massachusetts Health Connector. The department offered free, confidential, one-on-one appointments for people with questions about health insurance and the Affordable Care Act. Nantucket Cottage Hospital Certified Application Counselors (CACs) provide information about the full range of insurance programs offered by EOHHS and the Health Connector. Our CACs help individuals complete an application or renewal; work with the individual to provide





required documentation; submit applications and renewals for the Insurance Programs; interact with EOHHS and the Health Connector on the status of such applications and renewals; and help facilitate enrollment of applicants or beneficiaries in Insurance Programs. In FY16, NCH CACs recorded 6,416 contacts that included 2,286 hours providing direct services to island residents.

Medicare Part D program enrollment

Nantucket Cottage Hospital's Social Services Department advises and counsels qualified Medicare recipients in the annual drug coverage open enrollment and change period, all for no charge. In FY16, the department assisted 277 Medicare patients with this process.

Scholarships

A special endowed fund, created by the late Nantucket businessman and civic leader Walter Beinecke, Jr., is intended to further the education and training of island residents in medical and health care fields by helping to finance their studies. The scholarship fund is open to graduates of Nantucket High School, employees of Nantucket Cottage Hospital and any other island resident who can satisfy the guidelines and requirements. The Beinecke Scholarship Fund focuses on six areas of health care study and training. Nursing is the fund's first priority, followed by radiology and imaging services, laboratory services, pharmaceutical fields, physician and physician assistant studies, as well as physical therapy training. In FY16, Nantucket Cottage Hospital distributed \$41,700 in scholarships to 47 individuals.

Support of NARCAN Program and Island First Responders

In 2014, Nantucket Cottage Hospital entered into a memorandum of agreement with the Nantucket police and fire departments to implement a program for the use of Narcan and automated external defibrillators under the medical control supervision of NCH's medical director. The hospital's medical director assumed responsibility for all medical control aspects of the program, reviews all uses of AEDs and Narcan by first responders for quality assurance, and approved training programs for the use of Narcan. In FY16, Nantucket Cottage Hospital purchased and dispensed 90 Narcan kits to NFD and NPD at a cost of \$2,745.00. Nantucket Cottage Hospital also donated glucose tubes, EPI-PENS, Aspirin, and Pedi Albuterol, totaling \$5,324.00, to NPD and NFD.

Community Participation and Staff Volunteerism

The hospital encourages its staff members to serve with other community organizations that advocate for children and families, the elderly, the impoverished, veterans, mental health patients, minorities and others in need, as well as any group or non-profit that benefits the island. During FY16, that participation included activity with the following groups among others: A Safe Place • Autism Speaks Nantucket • American Red Cross • Avon 39 The Walk to End Breast Cancer • School councils and committees (School Committee, School Building Steering





Committee, etc.) • Emergency Preparedness Committee • Nantucket Behavioral Health Task Force • Nantucket Healthy Community Collaborative • Nantucket Safe Harbor for Animals • The Rotary Club of Nantucket • Nantucket Chamber of Commerce • Nantucket Girl Scouts • Town of Nantucket Finance Committee • Nantucket High School • Nantucket High School Drama Club • Nantucket High School Council • Holidays for Heroes • Nantucket Community Television • The Nantucket Star (Sports & Therapeutic Accessible Recreation) Program • Palliative & Supportive Care of Nantucket • Nantucket Anglers Club • Friends of Nantucket Public Schools • Adam's Camp • Nantucket Lighthouse School • The Friends of Our Island Home (nursing home) • St. Mary's Church • Nantucket Congregational Church • Nantucket Small Friends • Nantucket Lighthouse School • Unitarian Universalist Church • Nantucket Atheneum ESL program • Nantucket Historical Association • and Swim Across America Nantucket. Approximately 40 Nantucket Cottage Hospital staff participated on more than a dozen such groups in FY16 and volunteered an estimated total of 2,600 hours.

Urgent Care

Nantucket Cottage Hospital continues to optimize patient access to primary, specialist and tertiary care. In FY16, the hospital expanded its "Walk-In Care" service with extended hours for a longer period of the high season on Nantucket. The Walk-In Care service provided treatment of non-life- threatening conditions with no appointment necessary, and gave patients a convenient and more affordable alternative to the Emergency Department. The hospital also continued to provide its "MD ACKcess" phone line to match patients with primary care physicians and specialists. In FY16, there were 2,994 patient visits to the Walk-In Care service, which was open seven days per week.

Community Health Improvement Plan

Starting in FY16, Nantucket Cottage Hospital began the process of developing the Nantucket Community Health Improvement Plan in collaboration with the island's health and human services agencies, non-profit organizations, the Town of Nantucket's Department of Health, as well as year-round and seasonal residents of the island. Community stakeholders came together during a series of public forums and meetings to identify Nantucket's most pressing health needs, prioritize the top issues for the island, and develop goals and strategies to make meaningful change in these areas. During this collaborative and participatory process, dozens of community groups, organizations, and individuals contributed valuable insight and perspectives.





Plans for Next Reporting Year

Nantucket Cottage Hospital anticipates continuing or repeating the majority of its fiscal year 2016 community benefits in the fiscal year 2017, and implementing the ongoing and new initiatives to:

- Facilitate the action planning and implementation of the Nantucket Community Health Improvement Plan.
- Establish a robust Community Health Initiative program in relation to the Factor 9 process of the Determination of Need application for the new hospital project.
- Continue the NCH PFAC's focus on cultural groups as part of its outreach effort to Nantucket's various ethnic groups to engage them and learn about their perceptions of healthcare on the island.
- Increase patient access to primary, specialist and tertiary care, with an emphasis on primary care physicians and adding certified healthcare providers in specialties most needed or in greatest demand by local patients. The "MD ACKcess Line," a dedicated telephone number to help ease patient access to primary care physicians and consulting specialists, will continue.
- Recruit and retain high-caliber administrative and medical staff to support future program needs.
- Use technology including telemedicine to improve patient care and service.
- Continuing planning and fundraising for major capital improvements including the permitting and construction of a new hospital, in the context of a long-range strategic plan.
- Engage in or lead more collaborative community relationships to improve on-island healthcare and wellness, such as the Behavioral Health Task Force.

Community Benefits Process

Community Benefits Leadership/Team

Courtney O'Neill, Jason Graziadei, and Brenda Johnson.

Community Benefits Team Meetings

Meetings are held once a month.





Community Partners

Alliance for Substance Abuse Prevention Boston Medflight Community Network for Children Council on Aging Council for Human Services Elder Services of the Cape and Islands Fairwinds Counseling Center MA Department of Public Health Partners HealthCare/Massachusetts General Hospital Nantucket Healthy Community Collaborative Nantucket Interfaith Council Nantucket Suicide Prevention Coalition Palliative and Supportive Care of Nantucket Foundation Rotary Club of Nantucket Saltmarsh Senior Center US Coast Guard Town of Nantucket Nantucket Public Schools Nantucket Fire and Police Departments Nantucket Health Department Physicians, both on- and off-island Multiple Cape Cod and Martha's Vineyard social service agencies dealing with issues related to health care

Community Health Needs Assessment

Date Last Assessment Completed and Current Status

August 2015

Data Sources

Community Focus Groups; 2015 Nantucket Quality of Life Survey; Hospital and Consumer Group, Interviews; Nantucket Community Health Improvement Plan process





Community Benefits Programs

Community Health and	d Wellness Screenings
Program Type	Direct Services, Health Screening, Outreach to Underserved, Prevention
Statewide Priority	Address Unmet Health Needs of the Uninsured, Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations, Reducing Health Disparity
Brief Description or Objective	As the organizer of Nantucket's annual Health Fair and the Be Well Children's Health Fair, as well as a participant in the island's Elder Expo, hospital nursing and administrative staff directly offered or facilitated blood pressure readings, as well as dermatology, mammography, vision and hearing screenings free of charge, in addition to running evaluations, low-cost flu shots, and provided. In FY16, over 200 people attended the Health Fair in which 37 dermatology screenings were completed, along with 62 low-cost flu shots. Nantucket Cottage Hospital also offers free annual mammography screenings for uninsured women aged 40 and up who are current residents of Nantucket.
Target Population	 Regions Served:County-Nantucket Health Indicator:Access to Health Care, Other: Cancer, Other: Cancer - Breast, Other: Cultural Competency, Other: Diabetes, Other: Uninsured/Underinsured Sex:All, Female Age Group:Adult, Adult-Elder Ethnic Group:Black/African American, Hispanic/Latino Language:Spanish

Goal Description

To provide blood pressure readings, dermatology, flu shots, and other free or low-cost health screenings to the island community.

Goal Status

In FY16, over 200 people attended the Health Fair in which 37 dermatology screenings were completed, along with 62 low-cost flu shots. Nantucket Cottage Hospital also offers free annual mammography screenings for uninsured women aged 40 and up who are current residents of Nantucket.





Partners

Partner Name, Description Cape Cod Hospital Brigham and Women's Hospital Massachusetts General Hospital Partner Web Address http://www.capecodhealth.org http://www.brighamandwomens.org http://www.massgeneral.org

Contact Information	Courtney O'Neill, co	oneill@partners.org
Medicare Part D progra	am enrollment	
Program Type	Health Coverage Sub	osidies or Enrollment
Statewide Priority		lth Needs of the Uninsured, Promoting Wellness of ons, Reducing Health Disparity
Brief Description or Objective	counsels qualified M open enrollment and	Iospital's Social Services Department advises and Iedicare recipients in the annual drug coverage I change period, all for no charge. In FY16, the 277 Medicare patients with this process.
Target Population	 Regions Served:County-Nantucket Health Indicator:Other: Education/Learning Issues, Other: Uninsured/Underinsured Sex:All Age Group:Adult-Elder Ethnic Group:All Language:All 	
Goal Description		Goal Status
Advise and counsel Medicare recipients.		In FY16, the NCH Social Services department provided counsel to both Medicare recipients and assisted 277 island residents with the Medicare Part D enrollment process.
Partners		
Partner Name, DescriptionPartner Web AddressNot Specified		

Contact Information Peter Mackay, pmackay@partners.org





Scholarships	
Program Type	Grant/Donation/Foundation/Scholarship
Statewide Priority	Promoting Wellness of Vulnerable Populations, Supporting Healthcare Reform
Brief Description or Objective	A special endowed fund, created by the late Nantucket businessman and civic leader Walter Beinecke, Jr., is intended to further the education and training of island residents in medical and health care fields by helping to finance their studies. The scholarship fund is open to graduates of Nantucket High School, employees of Nantucket Cottage Hospital and any other island resident who can satisfy the guidelines and requirements. The Beinecke Scholarship Fund focuses on six areas of health care study and training. Nursing is the fund's first priority, followed by radiology and imaging services, laboratory services, pharmaceutical fields, physician and physician assistant studies, as well as physical therapy training. In FY16, Nantucket Cottage Hospital distributed \$41,700 in scholarships to 47 individuals.
Target Population	 Regions Served:County-Nantucket Health Indicator:Other: Education/Learning Issues Sex:All Age Group:Adult-Young, Child-Teen Ethnic Group:All Language:All

Goal Description

Goal Status

To further the education and training of island residents in medical and health care fields by helping to finance their studies. In FY16, Nantucket Cottage Hospital distributed \$41,700 in scholarships to 47 individuals.

Partners

Partner Name, Description

Nantucket High School

Partner Web Address

www.npsk.org

Contact Information Lina Gillies, lgillies@partners.org





Annual Health Fair	
Program Type	Community Education, Direct Services, Prevention
Statewide Priority	Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations, Reducing Health Disparity
Brief Description or Objective	Nantucket Cottage Hospital's Annual Health Fair is a comprehensive and distinctive community event that brings hundreds of people together for a morning dedicated to health and wellness. Designed to involve all segments of the community, the Health Fair endeavors to educate participants about wellness and the prevention of illness and disease. It provides health care access to those who are underinsured or uninsured, and to those who are interested in early detection and prevention of illness and disease. A variety of screenings and consultations are provided at no or low cost, including dermatology, blood pressure, mammography, dental and vision, as well as flu shots. In October 2016, this collaborative community effort involved dozens of volunteers, community leaders and organizations, health care professionals, doctors, nurses, and hospital staff. Other participants included visitors from Massachusetts General Hospital, the Providence Veterans Administration Hospital, and other medical specialty practices. Local businesses and organizations that played a key role in answering questions and providing information included: Palliative & Supportive Care of Nantucket (PASCON); Swim Across America; ACK Eye; Elder Services; Nantucket Acupuncture; Briarpatch Pediatrics; National Alliance on Mental Illness; Alliance for Substance Abuse Prevention; the Nantucket Behavioral Health Task Force; Island Chiropractic; the Nantucket Police Department; the Nantucket Fire Department; Dr. Paul Roberts, DDS; Visiting Nurses of Cape Cod; Minihan Nutrition; Nantucket Health Club; A Safe Place; and the Nantucket Yacht Club, which hosted the event. In FY16, 225 Nantucket residents attended the Health Fair.
Target Population	 Regions Served:County-Nantucket Health Indicator:Access to Health Care, Other: Alcohol and Substance Abuse, Other: Education/Learning Issues, Other: Hearing, Other: Lyme Disease, Other: Uninsured/Underinsured, Other: Vision Sex:All Age Group:All Ethnic Group:All Language:All





Goal Description Educate participants about wellness and t prevention of illness and disease.	Goal Status he In FY16, sponsored a successful Health Fair attended by 225 island residents.
Collaborate with various organizations to enhance educational efforts.	In FY16, NCH collaborated with more than 18 health and social services organizations which participated in the Health Fair.
Provide access to preventive screenings an consultations.	
Partners	
Partner Name, Description	Partner Web Address
A Safe Place	http://www.asafeplaceforhelp.org/
The Alliance for Substance Abuse Prevention	http://www.asapnantucket.org
The Nantucket Health Club	http://www.nantuckethealthclub.com
Massachusetts General Hospital	http://www.massgeneral.org
Nantucket Fire Department	http://www.nantucket-ma.gov
Nantucket Family & Children's Services	http://nantucketfamilyservices.org/
National Alliance on Mental Illness	https://www.nami.org/
PASCON	https://www.pascon.org/
Swim Across America	swimacrossamerica.org/Nantucket
Briarpatch Pediatrics	briarpatchpedi.com/
Alliance For Substance Abuse Prevention	
Island Chiropractic	www.nantucketchiropractic.com/
Nantucket Police Department	Nantucket-ma.gov
Nantucket Health Club	www.nantuckethealthclub.com/
Visiting Nurses of Cape Cod	www.vnacapecod.org/
Minihan Nutrition	http://mininutrition.net/
	mp.//mmmumon.nev

Contact Information

Nantucket Yacht Club

Courtney O'Neill, coneill6@partners.org

www.nantucketyachtclub.org/





Shelter Relief Program	1	
Program Type	Outreach to Underser	rved; Direct Services
Statewide Priority	Promoting Wellness of	of Vulnerable Populations
Brief Description or Objective	Department and Nan Hospital provides isla charge to persons wh situations (i.e. Hurric	ne Town of Nantucket, Nantucket Fire tucket Police Department, Nantucket Cottage and residents and visitors with shelter at no o qualify during unusual environmental ane, major storm, flooding, or prolonged power times when there is a need for shelter.
Target Population	 Regions Served:Co Health Indicator:Er Saftey Sex:All Age Group:All Ethnic Group:All Language:All 	unty-Nantucket wironmental Quality, Elder Care; Public Safety,
Goal Description		Goal Status
Provide shelter as a community benefit, at no charge to persons who qualify during unusual environmental situations.		In FY16, in conjunction with municipal partners, Nantucket Cottage Hospital provided shelter relief to two individuals during a storm event.
Partners		
Partner Name, Description		Partner Web Address
Town of Nantucket		www.nantucket-ma.gov
Nantucket Fire Department		www.nantucket-ma.gov
Nantucket Public Health Department		www.nantucket-ma.gov
Contact Information Pam James, pjames1@partners.org		





Use of Hospital Confe	rence Rooms For Community Meetings
Program Type	School/Health Center Partnership,Support Group
Statewide Priority	Promoting Wellness of Vulnerable Populations
Brief Description or Objective	Numerous local non-profit groups, social service agencies and support groups related to health care were given access to meeting rooms on the hospital campus at no charge. Those included: Hepatitis C Support Group; Alcoholics Anonymous; Narcotics Anonymous; Diabetes Support Group; weight loss support; pre-natal and new mother classes; Palliative and Supportive Care of Nantucket (PASCON); the Behavioral Health Task Force; National Alliance on Mental Illness (NAMI); Family and Children's Services of Nantucket; the Hospital Thrift Shop; Swim Across America Nantucket; the Council on Disability; Access Nantucket; the Nantucket Safe Harbor for Animals, among others.
Target Population	 Regions Served:County-Nantucket Health Indicator:Mental Health, Other: Alcohol and Substance Abuse, Other: Cancer, Other: Education/Learning Issues Sex:All Age Group:All Ethnic Group:All Language:All

Goal Description

Goal Status

Provide meeting space for island non-profit In FY16, meet organizations, support groups and other numerous cosocial service agencies to facilitate the work at no charge. of these groups that in turn support the community's health and wellness.

In FY16, meeting space was provided to numerous community groups and organizations

Partners

Partner Name, Description	Partner Web Address
Palliative & Supportive Care of Nantucket	www.pascon.org
Family & Children's Services of Nantucket	http://nantucketfamilyservices.org/
Swim Across America	www.swimacrossamerica.org
Nantucket Safe Harbor for Animals	http://www.nantucketsafeharborforanimals.org/
National Alliance on Mental Illness	www.nami.org

Contact Information Courtney O'Neill , coneill6@partners.org





Public Education and Health Care Awareness		
Program Type	Community Education, Prevention	
Statewide Priority	Address Unmet Health Needs of the Uninsured, Promoting Wellness of Vulnerable Populations, Reducing Health Disparity	
Brief Description or Objective	In FY16, through the Nantucket Cottage Hospital Foundation office and its communications staff, the hospital released public service announcements, social media posts, and placed paid advertising weekly with local media to increase awareness of cardiac care, women's health, cancer, and other health issues. Our Patient and Family Advisory Council (PFAC) continued its major education and prevention campaign for "medication reconciliation" to inform patients and consumers about potential problems in the misuse or wrong combination of prescription drugs with over-the counter or home remedies. The Foundation office and other hospital staff conducted tours of the hospital's facilities to familiarize adults and students from local public and private schools with hospital activities and to ease their potential discomfort with possible visits as a patient. The hospital's annual "Native Reunion" honored those born at Nantucket Cottage Hospital in the previous five years with a morning of games, food and entertainment to help familiarize young children and their families with the hospital setting. The Native Reunion also featured a child health and wellness education component for young parents.	
Target Population	 Regions Served:County-Nantucket Health Indicator:Other: Cancer - Other, Other: Cancer - Skin, Other: Dental Health, Other: Education/Learning Issues, Other: Lyme Disease Sex:All Age Group:Adult Ethnic Group:All Language:English 	
Goal Description	Goal Status	
Increase community av	wareness In FY16, public service announcements, social media &	

Increase community awareness around important health issues.

In FY16, public service announcements, social media & paid advertising were placed in local media to increase health awareness and prevention.

Contact Information

Jason Graziadei, jgraziadei@partners.org





Urgent Care	
Program Type	Direct Services, Outreach to Underserved
Statewide Priority	Address Unmet Health Needs of the Uninsured, Promoting Wellness of Vulnerable Populations, Reducing Health Disparity
Brief Description or Objective	Nantucket Cottage Hospital continues to optimize patient access to primary, specialist and tertiary care. In FY15, the hospital expanded its "Walk-In Care" service with extended hours and for a longer period of the high season on Nantucket. The Walk-In Care service provided treatment of non-life- threatening conditions with no appointment necessary, and gave patients a convenient and more affordable alternative to the Emergency Department. The hospital also continued to provide its "MD ACKcess" phone line to match patients with primary care physicians and specialists. In FY16, there were 2,994 patient visits to the Walk-In Care service, which was open seven days per week.
Target Population	 Regions Served:County-Nantucket Health Indicator:Access to Health Care, Immunization Sex:All Age Group:Adult Ethnic Group:All Language:All

Goal Description

Goal Status

To meet the urgent care needs of Nantucket In FY16, NCH expanded its "Walk-In Care" residents by providing access to primary and service and treated over 2,994 patients. specialty care services on the island.

Contact Information Bonnie Kester , bkester@partners.org





Nurses Training Program and Community Outreach

Program Type	Community Education, Health Professional/Staff Training, Mentorship/Career Training/Internship
Statewide Priority	Supporting Healthcare Reform
Brief Description or Objective	Through courses at Massachusetts General Hospital and on our hospital campus, 59 Nantucket Cottage Hospital nurses continued their professional education in general and specialty nursing skills. The hospital also participated in a "School-to-Career" program with Nantucket High School, offering five students interested in careers in medical fields the opportunity to "shadow" professionals in various NCH departments including nursing, imaging, laboratory and sports medicine. In addition, Nantucket Cottage Hospital per diem nurse Jessica Douglas began teaching a new Nursing & Allied Health class at Nantucket High School this year, introducing island students to the health care fields, which included numerous field trips to NCH and hospital staff members giving lectures to students. The hospital also hosted one college student from UMass Boston for their clinical hours in its Sports Medicine and Physical Therapy department. Continuing medical education (CME) and in-service courses were also offered to NCH physicians and nurses.
Target Population	 Regions Served:County-Nantucket Health Indicator:Other: Education/Learning Issues Sex:All Age Group:Adult, Child-Teen Ethnic Group:All Language:English

Goal Description

Goal Status

Continue the education of the Nantucket Cottage Hospital nursing school and college students to learn from NCH staff members.

In FY16, 59 NCH nursing staff received training from MGH & participated in various conferences and staff and provide opportunities for high seminars by NCH. Community outreach to Nantucket High School students, and one college student through the "School to Career" program & other partnerships.

Partners

Partner Name, Description

UMass Boston Nantucket High School Partner Web Address www.umb.edu www.npsk.org

Contact Information Greg Bird, CNO, VP of Patient Care Services gbird1@mgh.harvard.ed; Gretchen Buchmann, Clinical Nurse Educator, gbuchmann@partners.org





Social Services	
Program Type	Community Education, Direct Services, Outreach to Underserved
Statewide Priority	Address Unmet Health Needs of the Uninsured, Reducing Health Disparity, Supporting Healthcare Reform
Brief Description or Objective	The Nantucket Cottage Hospital Social Services Department provides a number of services at no cost to the island community. The department's services include: • Social work and discharge planning for the medical- surgical floor and the Emergency Department • Dialysis counseling • Hospice and palliative care social work services • Oversight of all interpreter services • Oversight of all behavioral health care from the Emergency Department to the med-surg floor to disposition • Health care advocacy, enrollment in all public health insurance including MassHealth, Commonwealth Care, Health Safety Net (HSN), private insurances and food stamps • Transportation assistance funds (Andrew Holdgate Fund, Shorty Fund and Indigent Fund) • Insurance counseling (Medicare, long-term care insurance, medigap or supplemental policies) • Budget counseling • Long-term care planning • Crisis intervention • Alcohol and drug counseling and referral • Counseling on disability: local, state or federal • Information and referral for VA services that are available. In FY16, the five staff members of this department spent 3,491 hours assisting people from the Nantucket community with a wide array of social services. The department recorded 8,574 contacts -some duplicative, some in person and some by phone - with community members providing these same array of social services.
Target Population	 Regions Served:County-Nantucket Health Indicator:Access to Health Care, Mental Health, Other: Education/Learning Issues, Other: Uninsured/Underinsured, Substance Abuse Sex:All Age Group:Adult Ethnic Group:All Language:All
Goal Description	Goal Status

Provide social services to the Nantucket community that otherwise would not exist.

Goal Status

In FY16, the five staff members of this department spent 3,491 hours assisting people from the Nantucket community with a wide array of social services. The department recorded 8,574 contacts some duplicative, some in person and some by phone - with community members providing these same array of social services.

Contact Information

Peter Mackay, pmackay@partners.org





Behavioral Health Task Force		
Program Type	Community Education Initiative,Outreach to	on,Community Participation/Capacity Building o Underserved
Statewide Priority	Promoting Wellness Reform	of Vulnerable Populations, Supporting Healthcare
Brief Description or Objective	Three years ago, Nantucket Cottage Hospital's chief nursing officer spearheaded the Behavioral Health Task Force, a group of mental health providers and other island organizations working to document the mental health services that are already in place on Nantucket, identify the services that are needed, determine how best to increase access to and awareness of what's available to island residents, and find the appropriate mental health treatment model for a seasonal population on a remote island. In FY16, Nantucket Cottage Hospital continued to host the meetings of the Task Force, and worked collaboratively to utilize a \$400,000 grant the Task Force obtained from the Tower Foundation to increase mental health services on Nantucket. This included the recruitment and hiring of a psychiatric nurse practitioner who is now embedded in the island's primary care practices, as well as numerous community education and outreach programs related to addiction and treatment.	
Target Population	 Regions Served:County-Nantucket Health Indicator:Access to Health Care, Mental Health, Other: Education/Learning Issues, Other: Lyme Disease Sex:All Age Group:Adult Ethnic Group:All Language:All 	
Goal Description		Goal Status
To collaborate with our community partners to promote and increase access to behavioral health services on Nantucket.		In FY16, NCH helped facilitate a task force of community stakeholders and worked to implement a \$400,000 grant to benefit behavioral health services on Nantucket.
Partners		
Partner Name, Descrip	otion	Partner Web Address
-		www.Fcsnantucket.org
Nantucket Police Department		www.nantucket-ma.gov





National Alliance on Mental Illness –	www.nami.org
Nantucket Chapter	
A Safe Place	www.asafeplacenantucket.org
The Community Foundation for Nantucket	www.Cfnan.org
Access Nantucket	www.accessnantucket.org
Autism Speaks - Nantucket	www.autismspeaks.org

Contact Information Peter MacKay, Social Services manager, pmackay@partners.org

Community Participatio	n and Staff Volunteerism
Program Type	Community Participation/Capacity Building Initiative, School/Health Center Partnership
Statewide Priority	Promoting Wellness of Vulnerable Populations
Brief Description or Objective	The hospital encourages its staff members to serve with other community organizations that advocate for children and families, the elderly, the impoverished, veterans, mental health patients, minorities and others in need, as well as any group or non-profit that benefits the island. During FY16, that participation included activity with the following groups among others: A Safe Place • Autism Speaks Nantucket • American Red Cross • Avon 39 The Walk to End Breast Cancer • School councils and committees (School Committee, School Building Steering Committee, etc.) • Emergency Preparedness Committee • Nantucket Behavioral Health Task Force • Nantucket Healthy Community Collaborative • Nantucket Safe Harbor for Animals • The Rotary Club of Nantucket • Nantucket Chamber of Commerce • Nantucket Girl Scouts • Town of Nantucket Finance Committee • Nantucket High School • Nantucket High School Drama Club • Nantucket High School Council • Holidays for Heroes • Nantucket Community Television • The Nantucket Star (Sports & Therapeutic Accessible Recreation) Program • Palliative & Supportive Care of Nantucket • Nantucket Anglers Club • Friends of Nantucket Public Schools • Adam's Camp • Nantucket Lighthouse School • The Friends of Our Island Home (nursing home) • St. Mary's Church • Nantucket Congregational Church • Nantucket Small Friends • Nantucket Lighthouse School • Unitarian Universalist Church • Nantucket Atheneum ESL program • Nantucket Historical Association • and Swim Across America Nantucket. Approximately 40 Nantucket Cottage Hospital staff participated on more than a dozen such groups in FY16 and volunteered an estimated total of 2,600 hours.





Target Population	Regions Served:County-Nantucket
	• Health Indicator: Access to Health Care, Other: Alcohol and
	Substance Abuse, Other: Domestic Violence, Other: Elder Care,
	Other: Public Safety, Other: Safety - Home, Substance Abuse
	• Sex:All
	• Age Group:Adult
	• Ethnic Group:All

• Language:English

Goal Description

Goal Status

organizations, groups, boards and committees that advocate for vulnerable populations on Nantucket and/or generally benefit the health and well-being of the community.

To participate and volunteer with community Approximately 40 Nantucket Cottage Hospital staff members volunteered at dozens of organizations and non-profits in FY16, and contributing an estimated 2,600 hours.

Partners

Partner Name, Description	Partner Web Address
Access Nantucket	www.accessnantucket.org/
A Safe Place	https://www.asafeplacenantucket.org
Autism Speaks Nantucket	https://www.autismspeaks.org/site-wide/ nantucket
School councils and committees (School Committee, School Building Steering Committee, etc.)	
Emergency Preparedness Committee	
Nantucket Behavioral Health Task Force	
Alliance for Substance Abuse Prevention	http://www.asapnantucket.org/
Nantucket Health Community Collaborative	http://www.accessnantucket.org/working- together/nantucket-healthy-community- collaborative/
Rotary Club of Nantucket	http://www.nantucketrotary.org/
Nantucket Chamber of Commerce	http://www.nantucketchamber.org/
Nantucket Girl Scouts	http://nantucketgirlscouts.org/
Town of Nantucket Finance Committee	http://www.nantucket-ma.gov/434/Finance- Committee
Holidays for Heroes	http://holidaysforheroes.com/





Nantucket Community Television		http://www.nantucketcommunitytelevision.org/
Nantucket Anglers Club		http://nantucketanglersclub.com/
Palliative & Supportive C	Care of Nantucket	http://www.pascon.org
Family and Children's Se	ervices of Nantucket	http://nantucketfamilyservices.org/
Locks of Love		http://www.locksoflove.org/
Friends of Nantucket Public Schools		http://www.fonps.org/
The Friends of Our Island Home (nursing home)		http://www.nantucket-ma.gov/157/Our-Island- Home
Unitarian Universalist Church		http://www.unitarianchurchnantucket.org/
Swim Across America Nantucket		http://www.swimacrossamerica.org/site/ PageServer?pagename=NAN_Home
Avon Breast Walk		http://www.avon39.org/
Elder Services		http://www.nantucket-ma.gov/263/Elder- Services
The Homestead		http://www.thehomesteadofnantucket.com/
St. Mary's Church		http://stmarysnantucket.org/
Contact Information	Jason Graziadei , jg	raziadei@partners.org





NARCAN And Other Drugs/Training Supplied to First Responders

Program Type	Community Education,Community Participation/Capacity Building Initiative,Health Professional/Staff Training,School/Health Center Partnership
Statewide Priority	Promoting Wellness of Vulnerable Populations
Brief Description or Objective	In 2014, Nantucket Cottage Hospital entered into a memorandum of agreement with the Nantucket police and fire departments to implement a program for the use of Narcan and automated external defibrillators under the medical control supervision of NCH's medical director. The hospital's medical director assumed responsibility for all medical control aspects of the program, reviews all uses of AEDs and Narcan by first responders for quality assurance, and approved training programs for the use of Narcan. In FY16, Nantucket Cottage Hospital purchased and dispensed 90 Narcan kits to NFD and NPD at a cost of \$2,745.00. Nantucket Cottage Hospital also donated glucose tubes, EPI-PENS, Aspirin, and Pedi Albuterol, totaling \$5,324.00, to NPD and NFD.
Target Population	 Regions Served:County-Nantucket Health Indicator:Access to Health Care, Other: Alcohol and Substance Abuse, Other: Education/Learning Issues, Other: Public Safety, Other: Safety - Home, Other: Sexually Transmitted Diseases, Substance Abuse Sex:All Age Group:Adult Ethnic Group:All Language:English

Goal Description

Goal Status

automated external defibrillators police departments.

To continue the use of Narcan and In FY16, Nantucket Cottage Hospital purchased and dispensed 90 Narcan kits to NFD and NPD at a cost of \$2,745. by first responders in the fire and Nantucket Cottage Hospital also donated glucose tubes, EPI-PENS, Aspirin, and Pedi Albuterol, totaling \$5,324, to NPD and NFD.

Partners

Partner Name, Description	Partner Web Address
Nantucket Police Department	www.nantucket-ma.gov
Nantucket Fire Department	www.nantucket-ma.gov

Contact Martha Lake Greenfield; Dave Small, greenfield@partners.org; Dosmall@partners.org Information





Public Flu Clinic	
Program Type	Direct Services, Outreach to Underserved, Prevention
Statewide Priority	Address Unmet Health Needs of the Uninsured, Promoting Wellness of Vulnerable Populations, Reducing Health Disparity
Brief Description or Objective	During FY16, Nantucket Cottage Hospital developed and hosted a public flu clinic for island residents in conjunction with its annual Health Fair. The clinic was promoted and advertised throughout Nantucket, and was intended for patients 18 and older who had not yet received the influenza vaccine from their primary care physician or pharmacist.
Target Population	 Regions Served:County-Nantucket Health Indicator:Immunization Sex:All Age Group:Adult Ethnic Group:All Language:All

Goal Description	Goal Status
Provide additional opportunities to prevent the spread of influenza in the island community by offering convenient access to flu shots.	In FY16, approximately 62 residents attended a public flu clinic at Nantucket Cottage Hospital to receive the influenza vaccine.

Contact Information Greg Bird, CNO, VP of Patient Care Services, <u>gbird1@mgh.harvard.edu</u>





Community Health Improvement Plan

Program Type	Participation/Capa	fits Planning process; Community acity Building Initiative; Community Health t; School/Health Center Partnership
Statewide Priority	Promoting Wellne Disparity	ess of Vulnerable Populations, Reducing Health
Brief Description or Objective	Starting in FY16, Nantucket Cottage Hospital began the process of developing the Nantucket Community Health Improvement Plan in collaboration with the island's health and human services agencies, non-profit organizations, the Town of Nantucket's Department of Health, as well as year-round and seasonal residents of the island. community stakeholders came together during a series of public forums and meetings to identify Nantucket's most pressing health needs, prioritize the top issues for the island, and develop goals and strategies to make meaningful change in these areas. During this collaborative and participatory process, dozens of community groups, organizations, and individuals contributed valuable insight and perspectives.	
Target Population	 Regions Served:County-Nantucket Health Indicator:Access to Health Care, Mental Health, Other: Education/Learning Issues, Other: Nutrition Sex:All Age Group:All Ethnic Group:All Language:All 	
Goal Description		Goal Status
To develop a Community Health Improvement Plan with partners across a broad spectrum of the island community.		In FY16, Nantucket Cottage Hospital initiated this CHIP process with dozens of stakeholders and community partners.

Partners

Partner Name, Description	Partner Web Address
Town of Nantucket Health Department	www.nantucket-ma.gov
Fairwinds Counseling Center	www.fairwindscenter.org
Nantucket Fire Department	www.nantucket-ma.gov
National Alliance on Mental Illness – Nantucket	Nami.org
Nantucket Regional Transit Authority	Nantucket-ma.gov
Island Chiropractic	nicholasouellettedc@gmail.com
Fairwinds Counseling Center Nantucket Fire Department National Alliance on Mental Illness – Nantucket Nantucket Regional Transit Authority	www.fairwindscenter.org www.nantucket-ma.gov Nami.org Nantucket-ma.gov





Housing Nantucket

Housingnantucket.org

Npsk.org
Remainnantucket.org
Npsk.org
n/a
Cfnan.org

Contact Information

Brenda Johnson, bjohnson17@partners.org





Mantucket Cottage 1105	Spital Certified Application Courseions
Program Type	Direct Services
Statewide Priority	Address Unmet Health Needs of the Uninsured, Supporting Healthcare Reform
Brief Description or Objective	Nantucket Cottage Hospital Certified Application Counselors (CACs) provide information about the full range of insurance programs offered by EOHHS and the Health Connector. Our CACs help individuals complete an application or renewal; work with the individual to provide required documentation; submit applications and renewals for the Insurance Programs; interact with EOHHS and the Health Connector on the status of such applications and renewals; and help facilitate enrollment of applicants or beneficiaries in Insurance Programs. In FY16, NCH CACs contributed to the estimated 75 patient financial counselors that served patients who needed assistance with their coverage.
Target Population	 Regions Served: County-Nantucket Health Indicator: Access to Health Care Sex:All Age Group:All Ethnic Group:All Language:All

Nantucket Cottage Hospital Certified Application Counselors

Goal Description

Goal Status

Provide information about the full rangeIn FY16, NCH CACs contributed to the estimatedof insurance programs offered by EOHHS75 patient financial counselors that served patientsand the Health Connector.who needed assistance with their coverage.

Partners

Partner Name, Description	Partner Web Address
Massachusetts Health Connector	https://betterhealthconnector.com/
Mass Health	http://www.mass.gov/eohhs/gov/departments/masshealth/
Health Care For All	https://www.hcfama.org/
Massachusetts Hospital Association	https://www.mhalink.org/
Massachusetts League of Community Health Centers	http://www.massleague.org/

Contact Information

Kim Simonian, Director for Public Payer Patient Access, Community Health, Partners Healthcare, ksimonian@partners.org





Expenditures

Community Benefits Programs				
Expenditures	Amount			
Direct Expenses	\$161,405			
Associated Expenses	Not Specified			
Determination of Need Expenditures	Not Specified			
Employee Volunteerism	Not Specified			
Other Leveraged Resources	\$421,811			
Net Charity Care				
Expenditures	Amount			
HSN Assessment	\$590,218			
HSN Denied Claims	Not Specified			
Free/Discount Care	\$14,930			
Total Net Charity Care	\$605,148			
Corporate Sponsorships	\$6,680			
Total Expenditures	\$1,195,044			
Total Revenue for 2016	\$42,393,000			
Total Patient Care-related expenses for 2016	\$42,153,691			
Approved Program Budget for 2017 (*Excluding expenditures that cannot be projected at the time of the report.)	\$1,195,044			

